

Why did my Doctor send me here?

You have taken the first step in your healing journey. You were referred to our office because your provider is concerned with your health and recommended an evaluation by Dr. Shab Krish! To help them recognize the signs and symptoms of TMD, Craniofacial Pain, Headaches and Sleep Disordered Breathing, Dr. Krish hosts educational seminars in the community. We are glad you have chosen our office to help you restore your quality of life.

- To learn more about **TMD, Craniofacial Pain or Headaches**, please visit [TMD/Head and Facial Pain](#) for information on common symptoms, diagnosing and treatment plus take the [Pain Quiz](#).
- Those recommended for **Sleep Disorders** can visit [Sleep Disorders](#) for symptoms, diagnosing and treatment and take our [Sleep Quiz](#).
- New Patient paperwork needs to be filled out and returned to the office 24 hours prior to your appointment. It is available in the new patient portal.

To best familiarize you with the process we have outlined the initial steps:

New Patient Consultation: In this appointment, Dr. Krish will review your medical history, take Diagnostic Photos, do a simple Motor Nerve Reflex Test to determine if you are a candidate for a Comprehensive Examination and probable treatment in our office.

Comprehensive Examination: In this appointment, Dr. Krish and her clinical team gather additional diagnostic information including a CBCT Scan and a Joint Vibration Analysis. Armed with this information, Dr. Krish answers three key questions that all patients have; ***What is wrong, what we can do to help and how long it will take?*** With certain treatment plans, we can begin treatment the same day. If an oral appliance is selected as part of your treatment plan, Dr. Krish will choose one that is appropriate for each individual's needs.